



ONE KITCHEN MENU

pizza · sushi · burger



One Kitchen Kirstenhof

Place your order on Whatsapp:

074 728 2143

Operating Hours:

Mondays - Saturdays, 11:00 - 21:00

Closed Sundays

Delivering to: Westlake, Diep River, Lakeside, Muizenberg, Kirstenhof, Tokai, Bergvliet, St James, Kalk Bay and Constantia.

R15 **DELIVERY FEE**

Collections from One Kitchen: Unit 2, 29 Silverwater Rd, Kirstenhof, Cape Town. All menu items and prices are subject to change. For enquiries please call: 021 879 8507



Pizza

Handcrafted thin crust with pizza sauce and cheese, baked in a wood-fired oven.

Large: 33cm

- Classic Margherita** **R105**
Tomato base with cheese
- Soprano Supreme** **R190**
Chicken, bacon, feta, peppadew & avocado
- Savoury Fiesta** **R150**
Bacon, feta & avocado
- Rustic Ham & Mushroom** **R129**
Ham & mushroom
- Hawaiian Delight** **R129**
Ham & pineapple
- Italian Trio** **R175**
Ham, salami & mushroom
- Italian Supreme** **R167**
Salami, mushroom, red onion & green pepper
- Gourmet Formaggi** **R175**
3 Speciality cheeses
- Mediterranean Melody** **R150**
Mushroom, red onion, green pepper & cherry tomatoes
- Farmer's Choice** **R150**
Mushroom, feta, garlic & red onion
- Greek Master** **R150**
Spinach, feta & olives
- Carnivore's Feast** **R215**
Chicken, bacon, ham, salami & peppadew
- Roasted Veggie** **R160**
Roasted Vegetables, garlic, rosemary & feta
- Siciliana** **R175**
Anchovies, red onion, capers & jalapeno
- Salmon** **R250**
Salmon, caviar and cream cheese
- Mexican** **R180**
Bolognaise, cherry tomato, chilli and red onion
- Pesto** **R???**
Pesto Pizza

Small: 22cm

- J Junior Margherita** **R85**
Tomato base with cheese
- J Junior Bacon** **R105**
Bacon
- J Junior Ham & Mushroom** **R105**
Ham & mushroom

Add:

- Garlic / Chilli** **R10**
- Pineapple / Red Onion / Green Pepper / Tomato / Spinach** **R18**
- Olives / Mushroom** **R20**
- Chicken / Bacon / Salami / Ham / Peppadew / Parmesan / Feta** **R25**
- Mozzarella/ Avocado** **R30**

SUSHI

Served with soy sauce, pickled ginger, and wasabi.



Sashimi

Freshly sliced fish your choice of: salmon / tuna (seasonal) / linefish

- 3 Pieces** **R115**
- 6 Pieces** **R185**
- 9 Pieces** **R255**



3pc Nigiri

Sushi rice topped with your choice of: Salmon, Prawn, Tuna (seasonal), Linefish

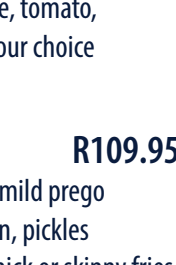
R75



8pc Maki

Nori (seaweed) wrapped around sushi rice, filled with your choice of: Salmon, Prawn, Tuna (seasonal), Linefish

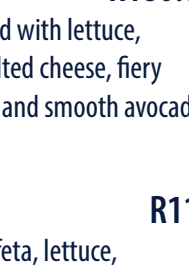
R95



8pc California Rolls

Sushi rice & nori (seaweed) wrapped around avocado and your choice of: Salmon, Prawn, Tuna (seasonal), Linefish

R112



4pc Salmon Roses

Fresh salmon & avocado wrapped around a ball of sushi rice and finished with a generous drizzle of mayo topped with caviar.

R100



4pc Fashion Sandwich

Sushi rice & nori (seaweed) sandwiches with avocado and your choice of: Salmon, Prawn, Tuna (seasonal), Linefish

R80



Signature Dishes

8pc Rainbow Reloaded

Sushi rice & nori (seaweed) wrapped around salmon, avocado, and topped with linefish/tuna & teriyaki sauce.

R169

8pc Salmon Rainbow Rolls

Nori (seaweed) sheet layered with Sushi Rice, with Avocado and Salmon inside. Topped with a layer of Avocado and Salmon and a dash of Japanese Mayo and Caviar.

R150

8pc Rock n Roll

Sushi rice & nori (seaweed) wrapped around tempura prawn, avocado, and cream cheese topped with a layer of avocado & drizzled with sweet chilli, Japanese mayo and spring onion.

R132

8pc Double Tempura Prawn

Sushi rice & nori (seaweed) wrapped around tempura prawn & avocado, topped with tempura prawn, sesame seed, sweet chilli and Japanese mayo.

R150

8pc Tempura Prawn Rainbow Rolls

Sushi rice & nori (seaweed) wrapped around tempura prawn & avocado, topped with a layer of avocado & salmon & drizzled with sweet chilli and spring onion.

R150

4pc Bamboo Rolls

Sushi rice & cucumber wrapped around tempura prawn & avocado with Japanese mayo.

R100

8pc Crackling California Rolls

Sushi rice & nori (seaweed) wrapped around salmon & avocado topped with sesame seed, tempura prawn and spicy mayo.

R180

8pc Crackling California Rolls

Sushi rice & nori (seaweed) wrapped around salmon & avocado topped with sesame seed, tempura prawn and spicy mayo.

R180

Salmon Hand Roll

Nori sheet (seaweed) wrapped around sushi rice, filled with salmon, cucumber, Japanese mayo, avocado topped with sesame seed.

R55

BURGERS & Fries



GRASS-FED
FREE RANGE
ANGUS BEEF

FREE
RANGE
CHICKEN

One Kitchen takes pride in using ethically sourced, grass-fed, free-range Angus beef and chicken.

Classic Beef Burger

150g Beef patty with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R99.95

Grande Beef Burger

2 x 150g Beef patties with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R182

Cheese Burger

150g Beef patty with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R115

Grande Cheese Burger

2 x 150g Beef patties with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R215



Prego Chicken Burger

150g Free range chicken marinated in a mild prego sauce topped with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R109.95

BBQ Chicken Burger

150g Free range chicken marinated in a BBQ sauce topped with grilled pineapple, cheese, pickles, lettuce, tomato, and dressing served with skinny or thick fries.

R109.95

Smash Burger

150g perfectly smashed patty topped with lettuce, tomato, onion, pickles, dressing, melted cheese, fiery jalapenos sweet caramelized onions and smooth avocado served with skinny or thick fries.

R180.00



Beetroot Veggie Burger

100g Beetroot and bean patty with feta, lettuce, tomato, red onion, pickles and dressing served with skinny or thick fries.

R115



Lentil Veggie Burger

100g Lentil and mushroom patty with feta, lettuce, tomato, red onion, pickles and dressing served with skinny or thick fries.

R115

Chicken Wrap

125g Free range chicken with lettuce, salsa, peppers and dressing (Available as plain or spicy)

R85



Veggie Wrap

????

R???



Junior Burger

100g Beef patty with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.

R89.95

Junior Cheese Burger

100g Beef patty with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries

R99.95

Large Fries

Available as skinny fries or thick fries

R75

Medium Fries

Available as skinny fries or thick fries

R30

Add:

- Bacon** **R25**
- Avocado** **R30**

Drinks

Soft Drinks

300ml Bottle: Coke / Coke Zero / Fanta / Stony

R18

Cream Soda

440ml Bottle

R22

Appletiser / Grapetiser

330ml Can

R29.95

Still / Sparkling Water

500ml

R22

Cappy Sparkling Fruit Juice

330ml: Mango Orange

R20

Non-Alcoholic Beverages

Savanna Lite

R33

Devils Peak

R29

Corona Cero

R33

Heineken

R29

ICE CREAM



CRUMBS & CREAM
ICE CREAM SANDWICHES

Biscuit Beast

Chocolate chip and brownie cookie with cookie monster ice cream

R56

Hazel Heaven

Chocolate chip cookies with chocolate hazelnut ice cream

R56

Milli Vanilli

Chocolate chip and brownie cookies with vanilla ice cream

R56



WE CATER FOR FUNCTIONS

Contact us for more information

One Kitchen Kirstenhof

Place your order on Whatsapp:

074 728 2143

Operating Hours:

Mondays - Saturdays, 11:00 - 21:00

Closed Sundays

Delivering to: Westlake, Diep River, Lakeside, Muizenberg, Kirstenhof, Tokai, Bergvliet, St James, Kalk Bay and Constantia.

R15 **DELIVERY FEE**

Collections from One Kitchen: Unit 2, 29 Silverwater Rd, Kirstenhof, Cape Town. All menu items and prices are subject to change. For enquiries please call: 021 879 8507