



# ONE KITCHEN MENU

## pizza · sushi · burger



### One Kitchen Kirstenhof

Place your order on Whatsapp:

# 074 728 2143

**Operating Hours:**  
Mondays - Saturdays, 11:00 - 21:00  
Closed Sundays

Delivering to: Westlake, Diep River, Lakeside, Muizenberg, Kirstenhof, Tokai, Bergvliet, St James, Kalk Bay and Constantia.

**R15** **DELIVERY FEE**

Collections from One Kitchen: Unit 2, 29 Silverwater Rd, Kirstenhof, Cape Town. All menu items and prices are subject to change. For enquiries please call: 021 879 8507



## Pizza

**Handcrafted thin crust with pizza sauce and cheese, baked in a wood-fired oven.**

- Large: 33cm
- Classic Margherita** R84  
Tomato base with cheese
  - Soprano Supreme** R152  
Chicken, bacon, feta, peppadew & avocado
  - Savoury Fiesta** R120  
Bacon, feta & avocado
  - Rustic Ham & Mushroom** R104  
Ham & mushroom
  - Hawaiian Delight** R104  
Ham & pineapple
  - Italian Trio** R140  
Ham, salami & mushroom
  - Italian Supreme** R134  
Salami, mushroom, red onion & green pepper
  - Gourmet Formaggi** R140  
3 Speciality cheeses
  - Mediterranean Melody** R120  
Mushroom, red onion, green pepper & cherry tomatoes
  - Farmer's Choice** R120  
Mushroom, feta, garlic & red onion
  - Greek Master** R120  
Spinach, feta & olives
  - Carnivore's Feast** R172  
Chicken, bacon, ham, salami & peppadew
  - Roasted Veggie** R128  
Roasted Vegetables, garlic, rosemary & feta
  - Siciliana** R140  
Anchovies, red onion, capers & jalapeno
  - Salmon** R200  
Salmon, caviar and cream cheese
  - Mexican** R144  
Bolognaise, cherry tomato, chilli and red onion
  - Pesto** R140  
Basil pesto, roasted garlic and sliced tomato

- Small: 22cm
- J Junior Margherita** R68  
Tomato base with cheese
  - J Junior Bacon** R84  
Bacon
  - J Junior Ham & Mushroom** R84  
Ham & mushroom

### Add:

- Garlic / Chilli** R10
- Pineapple / Red Onion / Green Pepper / Tomato / Spinach** R18
- Olives / Mushroom** R20
- Chicken / Bacon / Salami / Ham / Peppadew / Parmesan / Feta** R25
- Mozzarella/ Avocado** R30

## SUSHI

Served with soy sauce, pickled ginger, and wasabi.



- Sashimi**  
Freshly sliced fish your choice of: salmon / tuna (seasonal) / linefish  
3 Pieces R115  
6 Pieces R185  
9 Pieces R255
- 3pc Nigiri** R75  
Sushi rice topped with your choice of:  
Salmon  
Prawn  
Tuna (seasonal)  
Linefish
- 8pc Maki** R95  
Nori (seaweed) wrapped around sushi rice, filled with your choice of:  
Salmon  
Prawn  
Tuna (seasonal)  
Linefish  
 Avocado  
 Carrot & Cucumber

- 8pc California Rolls** R112  
Sushi rice & nori (seaweed) wrapped around avocado and your choice of:  
Salmon  
Prawn  
Tuna (seasonal)  
Linefish  
 Avocado, Carrot & Cucumber
- 4pc Roses** R100  
Available As:  
Salmon Roses  
 Cucumber Roses

- 4pc Fashion Sandwich** R80  
Sushi rice & nori (seaweed) sandwiches with avocado and your choice of:  
Salmon  
Prawn  
Tuna (seasonal)  
Linefish  
 Avocado, Carrot & Cucumber

- 8pc Rainbow Reloaded** R169  
Sushi rice & nori (seaweed) wrapped around salmon & avocado, and topped with linefish/tuna & teriyaki sauce.
- 8pc Salmon Rainbow Rolls** R150  
Nori (seaweed) sheet layered with Sushi Rice, with Avocado and Salmon inside. Topped with a layer of Avocado and Salmon and a dash of Japanese Mayo and Caviar.
- 8pc Rock n Roll** R132  
Sushi rice & nori (seaweed) wrapped around tempura prawn, avocado, and cream cheese topped with a layer of avocado & drizzled with sweet chilli, Japanese mayo and spring onion.

- 8pc Double Tempura Prawn** R150  
Sushi rice & nori (seaweed) wrapped around tempura prawn & avocado, topped with tempura prawn, sesame seed, sweet chilli and Japanese mayo.
- 8pc Tempura Prawn Rainbow Rolls** R150  
Sushi rice & nori (seaweed) wrapped around tempura prawn & avocado, topped with a layer of avocado & salmon & drizzled with sweet chilli and spring onion.

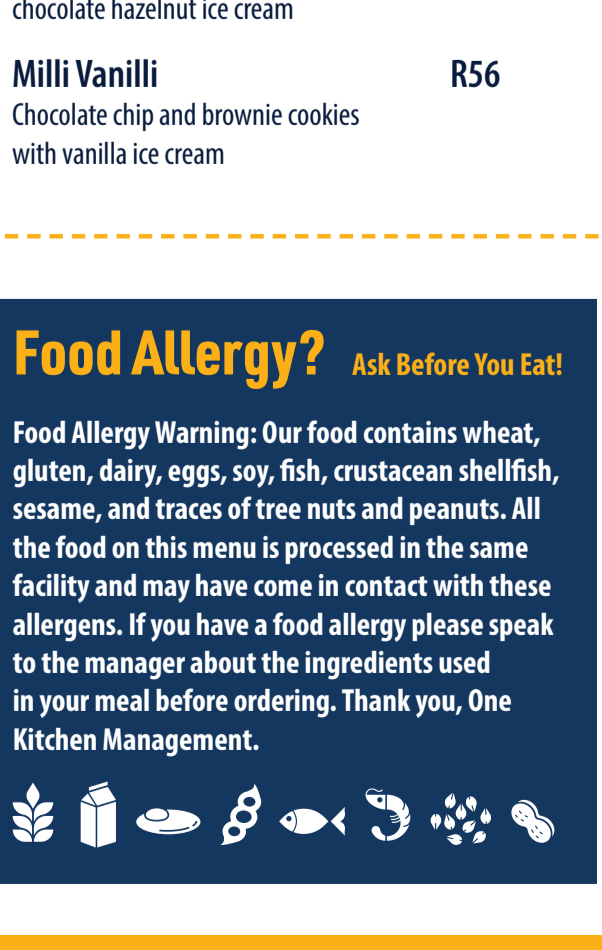
- 4pc Bamboo Rolls** R100  
Sushi rice & cucumber wrapped around tempura prawn & avocado with Japanese mayo.
- 8pc Crackling California Rolls** R180  
Sushi rice & nori (seaweed) wrapped around salmon & avocado topped with sesame seed, tempura prawn and spicy mayo.
- Salmon Hand Roll** R55  
Nori sheet (seaweed) wrapped around sushi rice, filled with salmon, cucumber, Japanese mayo, avocado topped with sesame seed.

## Sushi Platters

- Sushi Dream - 16 piece** R198  
8pcs California Rolls  
8pcs Rock n Roll
- Tempura Treasure - 20 piece** R306  
4pcs Bamboo Rolls  
8pcs Rock n Roll  
4pcs Tempura Prawn Rainbow Rolls  
4pcs Salmon Rainbow Rolls
- Rise and Shine - 20 piece** R265  
4pcs California Rolls  
8pcs Maki  
4pcs Fashion Sandwiches  
4pcs Roses
- Oceans Delight - 27 piece** R324  
8pcs California Rolls  
4pcs Fashion Sandwiches  
8pcs Maki  
3pcs Nigiri  
4pcs Roses

- Veggie Fusion - 32 piece** R386  
8pcs Maki - Avocado  
8pcs Maki - Carrot & Cucumber  
8pcs California Rolls - Avocado, Carrot & Cucumber  
4pcs Cucumber Roses  
4pcs Fashion Sandwiches - Avocado, Carrot & Cucumber

## BURGERS & Fries



**One Kitchen takes pride in using ethically sourced, grass-fed, free-range Angus beef and chicken.**

- Classic Beef Burger** R99.95  
150g Beef patty with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- Grande Beef Burger** R143  
2 x 150g Beef patties with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- Cheese Burger** R115  
150g Beef patty with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- Grande Cheese Burger** R155  
2 x 150g Beef patties with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- Prego Chicken Burger** R109.95  
150g Free range chicken marinated in a mild prego sauce topped with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- BBQ Chicken Burger** R109.95  
150g Free range chicken marinated in a BBQ sauce topped with grilled pineapple, cheese, pickles, lettuce, tomato, and dressing served with skinny or thick fries.
- Smash Burger** R123  
150g perfectly smashed patty topped with lettuce, tomato, onion, pickles, dressing, melted cheese, fiery jalapenos, sweet caramelized onions and smooth avocado served with skinny or thick fries.
- Beetroot Veggie Burger** R115  
100g Beetroot and bean patty with feta, lettuce, tomato, red onion, pickles and dressing served with skinny or thick fries.
- Lentil Veggie Burger** R115  
100g Lentil and mushroom patty with feta, lettuce, tomato, red onion, pickles and dressing served with skinny or thick fries.
- Chicken Wrap** R85  
125g Free range chicken with lettuce, salsa, peppers and dressing (Available as plain or spicy )
- Veggie Wrap** R98  
A medley of roasted vegetable served with lettuce, salsa, feta and dressing (Available as plain / spicy )
- J Junior Burger** R89.95  
100g Beef patty with lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- J Junior Cheese Burger** R99.95  
100g Beef patty with cheese, lettuce, tomato, onion, pickles & dressing. Served with your choice of thick or skinny fries.
- Large Fries** R75  
Available as skinny fries or thick fries
- Medium Fries** R30  
Available as skinny fries or thick fries

### Add:

- Bacon** R40
- Avocado** R30
- Sliced Cheese** R10

## Drinks

- Soft Drinks** R18  
300ml Bottle: Coke / Coke Zero / Fanta / Stony / Sprite
- Cream Soda** R22  
440ml Bottle
- Appetiser / Grapetiser** R29.95  
330ml Can
- Still / Sparkling Water** R22  
500ml
- Cappy Sparkling Fruit Juice** R26  
330ml: Mango Orange

## Non-Alcoholic Beverages

- Savanna Lite** R33
- Devils Peak** R29
- Corona Cero** R33
- Heineken** R29

## ICE CREAM



- Biscuit Beast** R56  
Chocolate chip and brownie cookie with cookie monster ice cream
- Hazel Heaven** R56  
Chocolate chip cookies with chocolate hazelnut ice cream
- Milli Vanilli** R56  
Chocolate chip and brownie cookies with vanilla ice cream

### Food Allergy? Ask Before You Eat!

**Food Allergy Warning:** Our food contains wheat, gluten, dairy, eggs, soy, fish, crustacean shellfish, sesame, and traces of tree nuts and peanuts. All the food on this menu is processed in the same facility and may have come in contact with these allergens. If you have a food allergy please speak to the manager about the ingredients used in your meal before ordering. Thank you, One Kitchen Management.



**WE CATER FOR FUNCTIONS**  
Contact us for more information

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